

HILLINGDON CULTURE AND HERITAGE

AUTUMN 2023



EXHIBITIONS

THEATRE AND MUSIC

FESTIVALS

LIBRARY EVENTS

FAMILY ACTIVITIES

AND LOTS MORE...



HILLINGDON
LONDON

www.hillingdon.gov.uk

CHILDREN AND FAMILY

HILLINGDON LIBRARIES

READY, SET, READ! SUMMER READING CHALLENGE 2023

Saturday 8 July to Saturday 16 September

Children aged four to 11 years are challenged to get reading during the holidays. By taking part, they can join a superstar team and their marvellous mascots as they navigate a fictional summer obstacle course, brought to life with illustrations by Loretta Schauer.

Find out more:  At any Hillingdon library
 www.hillingdon.gov.uk/summer-reading



BATTLE OF BRITAIN BUNKER


SUMMER FAMILY ACTIVITIES

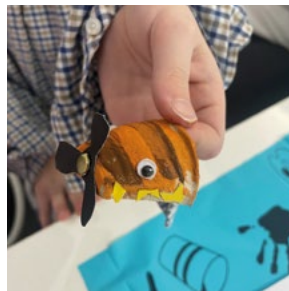
School summer holidays, 10am to 3.30pm

Arts and crafts activities suitable for all ages throughout the summer holidays.

Cost: Included in admission fee to the bunker/visitor centre. Free for under-16s.

Find out more and book:

 battleofbritainbunker.co.uk



HILLINGDON LIBRARIES

RHYME RUNNERS WITH JUSTIN COE

Thursday 27 July, 11am at Ruislip Manor Library and 2.30pm at Uxbridge Library

Hurdle words, row poems, roll-up and take your place in the rhyming race. Everyone's a winner where the worlds of words and sport combine, in this fun, friendly, hyperactive, interactive Justin Coe comedy-poetry show – including an optional parents' rhyming-race! Suitable for children aged five to 11 years, and their families.

Cost: Free, but booking is essential.


Book:  discover.hillingdon.gov.uk/library-events



Photo: Suzi Corker 2023

HILLINGDON ATHLETICS STADIUM

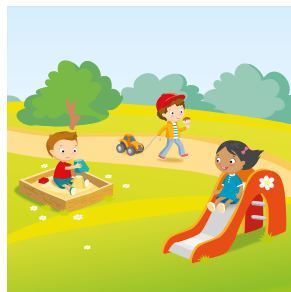
PLAYDAY

Wednesday 2 August, 10am to 3pm

Join us at this family event with a range of activities, including cycling, storytime, football and baby corner. You can climb aboard a police HGV or a London Fire Brigade truck, or visit the Hillingdon Youth Bus. Food is available to buy on site.

Cost: Free, but booking is essential. Advance booking closes at 4pm on Tuesday 1 August.

Book:  www.hillingdontheatres.uk  01895 250615





EASTCOTE LIBRARY

PIPECLEANER FIGURES

Tuesdays 8 and 15 August, 2pm to 4pm

View some pipe cleaner dolls from Hillingdon Council's museum collection and make your own version to take home.

Cost: Free, but booking is essential.

Book:  archives@hillington.gov.uk
 01895 250702





UXBRIDGE LIBRARY, LEVEL 6

VICTORIAN TOYS

Thursday 10 August, 2pm to 3.30pm

Explore and play with Victorian toys, including some from the museum's collection.

Cost: Free, but booking is essential.

Book:  archives@hillington.gov.uk
 01895 250702



Spend your summer performing in Hillingdon!

Each workshop week features a different selection of West End and Broadway musicals

dk productions & Hillingdon Council present

The

STAGE

IS YOURS 2023

Work with an experienced Director, Choreographer & Musical Director, to rehearse songs, drama scenes and dance routines from hit West End and Broadway musicals for two performances in our 158 seater theatre on the Friday at 1:30pm & 3pm.

5 DAY WORKSHOPS

Ages 7-14 yrs

Monday 24 - Friday 28 July 2023

Monday 21 - Friday 25 August 2023

10am - 4pm daily

£130 per 5 day workshop

Tickets to the final performance £6

2 DAY WORKSHOPS

Ages 4-6 yrs

Thursday 27 & Friday 28 July 2023

Thursday 24 & Friday 25 August 2023

10am - 4pm daily

£60 per 2 day workshop

Tickets to the final performance £6

01895 250615

www.hillingdontheatres.uk

Compass Theatre, Glebe Avenue, Ickenham UB10 8PD



WINSTON CHURCHILL THEATRE

PETER PAN AND CAPTAIN COOK

Friday 11 August, 2.30pm

A big book transforms into the galley of a ship, forest, skyline with beautiful hand-drawn illustrations, as the mysterious narrator tells the tale of Peter Pan and his nemesis Captain Cook, known for his evil saucepans and dastardly cook-offs. Fly into an imaginative and absurd Neverland, where anything can happen...if you believe, and can cook it, of course. Live show on stage, suitable for families with children aged five to nine years.

Cost: £3 / Family ticket £10 (2 adults plus 2 children / 1 adult plus 3 children).

Book: 📱 www.hillingdontheatres.uk ☎️ 01895 250615



THE GREAT BARN, MANOR FARM

THE SUMMER GAMES

Thursday 17 August, 10am to 4pm

Dig out those running shoes, put on those sweatbands and join us for a day of fun and games to celebrate this year's Summer Reading Challenge. Are you ready to get on your marks, get set, go?! Suitable for children aged four to 11 years and their families.

Cost: Free, no need to book.

Find out more: 📱 discover.hillingdon.gov.uk/library-events



Illustrations by Loretta Schauer
and © The Reading Agency 2023

EASTCOTE HOUSE GARDENS

ANIMALS OF EASTCOTE HOUSE GARDENS

Tuesday 22 August, 10am to 11.30am

Join a storyteller for animal tales, following them on a wildlife trail around the gardens and getting ready for the bunnies' party as you go.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk ☎️ 01895 250702





BARRA HALL PARK OPEN AIR THEATRE

OLD MACDONALD AND THE THREE PIGS

Tuesday 22 August, 2.30pm

A colourful, fun, interactive outdoor stage show, suitable for families with children aged four to eight years.

The Three Little Pigs are fed up singing “Eee aye eee aye oh!” every day and want to move away from the farm. Can the farmer, their animal friends and you, help them build homes of their own? And will the Big Bad Wolf blow them all away?

Cost: Free, but booking is essential.

Book:  www.hillingdontheatres.uk  01895 250615

OUT OF TIME - A PUZZLE MAZE

Saturday 16 September, 1pm to 5.30pm

Last maze entry 4.30pm

Something's gone wrong with the timeline! There's history in all the wrong places and things are getting worse. Are you smart enough to help fix the park before time runs out? This interactive walk challenges mind and body with puzzles, games and mysteries to solve. Learn about the history of the park to help escape the maze.

Cost: Free, but booking is essential.

Book:  www.hillingdontheatres.uk  01895 250615




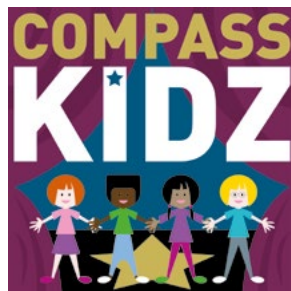
COMPASS THEATRE

COMPASS KIDZ

Saturday mornings, term time

A fun and safe creative environment in which children aged four to 16 years can increase confidence, improve communication skills, develop performing arts disciplines in drama, music and dance with end of term performance opportunities. Classes led by experienced, DBS checked tutors.

Find out more:  www.dk-pro.co.uk/join-in/#compasskidz



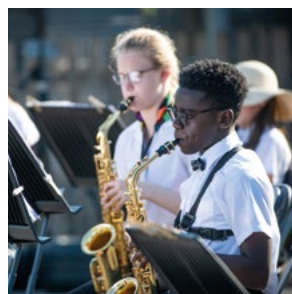
VARIOUS VENUES

HILLINGDON MUSIC SERVICE

Various days and times

Hillingdon Music Service provides music lessons for children and young people in schools for whole classes, small groups and individuals. They also support schools to deliver their own music activities and offer a range of bands and orchestras at their Saturday Music School.

Find out more and sign up:  www.hillingdon.gov.uk/music



7 DECEMBER 2023 – 6 JANUARY 2024
DK PRODUCTIONS & HILLINGDON COUNCIL PRESENT

Dick Whittington



"YOUR FAVOURITE
DAME RETURNS!"

NIAL HEMINGWAY
AS SARAH THE COOK

COMPASS THEATRE, ICKENHAM
BOX OFFICE 01895 250615
WWW.HILLINGDONTHEATRES.UK
NO BOOKING FEES

See website for show times and ticket prices.



COMPASS THEATRE

STAGE TALENT ACADEMY

Music lessons in school, after school and at weekends

Give your child the gift of music and enhance their life skills. Choose piano, guitar, singing, violin, music theory, ukulele and more. Experienced instructors will help develop talent, confidence, social, educational skills and preparation for ABRSM or Trinity examinations.

Free taster sessions available.

Book:  www.stagetalent.co.uk  07782 503260




THEATRE

UXBRIDGE LIBRARY

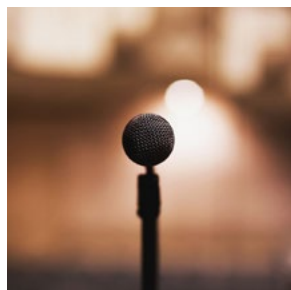
OPEN MIC NIGHTS

Fridays 14 July, 8 September and 10 November, 7pm to 8pm

Singers, poets, songwriters, spoken word artists, comedians and actors – your five-minute performance segment awaits. Potential performers can email  library-events@hillingdon.gov.uk in advance, to participate.

Cost: Free, but booking is essential.

Book:  discover.hillingdon.gov.uk/events  library-events@hillingdon.gov.uk



COMPASS THEATRE

CELEBRATION OF LOVE STORIES

Thursday 7 September, 6.30pm

Celebrating this inaugural #RespectRomFic movement event, join seven authors sharing insights and exploring love stories and what makes them so special.

Featuring Alice Cavanagh, Jennifer Bibby, Florence Keeling, Julie Haworth, Lorraine Brown, Sara Jafari and Ore Agbaje-Williams.

Cost: £6, includes a goody bag and a glass of wine or soft drink.

Book:  www.hillingdontheatres.uk  01895 250615



COMPASS THEATRE

THE COMPASS MOSAIC SHOW

Saturday 30 September, 6pm

The Friends of Ickenham Hall and Stage Talent Academy present a colourful, live show on stage, packed full of mixed entertainment from local performers of all ages, in aid of the Grade II listed house attached to the Compass Theatre.

Do you know someone talented who'd like to take part? All performing art forms welcome. Apply via the box office (details below).

Cost: £10

Book:  www.hillingdontheatres.uk  01895 250615



COMPASS THEATRE

COSTUME HIRE

Wednesdays, 6pm to 8pm and Saturdays, 10am to 1pm

The Compass Theatre's volunteer-run wardrobe is found up the spiral stairs from the foyer and features five rooms filled with theatrical costumes and accessories. Items can be hired at reasonable rates at pre-booked appointments on Wednesday evenings and Saturday mornings.

Find out more:  www.hillingdontheatres.uk

Book:  boxoffice@hgfl.org.uk  01895 250615



COMPASS THEATRE

COMPASS PUPPET CLUB

Saturdays, 2pm to 4pm in term time

The Compass Puppet Club have been making a full cast of puppets based on the characters in *Hans, the Witch and the Gobbin*, by Alan Cullen. They are now welcoming more volunteers to help bring the characters to life in a puppet production. A community arts opportunity for adults and young people aged 14 years and above, or younger with an accompanying adult.

Cost: Free.


Find out more:  boxoffice@hgfl.org.uk  01895 250615



BECOME A THEATRE VOLUNTEER

Compass Theatre volunteers offer vital support to the borough's performing arts community in return for experience, broadening skills, a sense of achievement, motivation and meeting people – as well as the chance to see shows for free. Roles include ushers, café bartenders, box office operators, puppeteers and wardrobe assistants.

Register:  www.hillingdontheatres.uk

Find out more:  boxoffice@hgfl.org.uk  01895 250615



LEISURE

MANOR FARM

MEDIEVAL MANOR FARM

Sunday 23 July, midday to 4pm

Drop in and take part in a variety of activities to discover life in medieval times. Have a go at medieval braiding, embroidery, decorative writing and meet a surgeon. Fun for all the family.

Cost: Free event, no need to book.



© Malcolm Fairman 2021

EASTCOTE HOUSE GARDENS



ARCHAEOLOGICAL WILLOW SCULPTURE

Tuesday 25 July, 10am to 4pm

Using willow, Gina Martin demonstrates the basic techniques to create your own sculpture.

This is a 'hands-on' course for adults, both beginners and those at intermediate level. You will go home with your own creation.

Cost: Free, but booking is essential.

Book:  archives@hillingdon.gov.uk  01895 250702



CRANFORD PARK

ARCHAEOLOGICAL DIG

Friday 4 to Sunday 20 August

The community archaeology project is back. Delivered alongside AOC, this year's dig will be focused on potential Iron Age occupation and other mysteries of the park. If you've ever been curious about what archaeologists do, now is your chance to find out! Everyone is welcome to join the team. No prior experience needed.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk ☎ 01895 250702



MANOR FARM

WILLOW WEAVING

Wednesday 16 August, 10am to 4pm

Using willow, Gina Martin demonstrates the basic techniques to create your own sculpture.

A hands-on course for beginners and those at intermediate level. You'll be able to take home your own dragonfly and obelisk.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk ☎ 01895 250702



MANOR FARM

DISCOVER MANOR FARM

Saturday 9 September, midday to 3pm

As part of Heritage Open Days, learn more about Manor Farm and its place in Ruislip's history, with an exhibition at Manor Farm House and three walks – *The Importance of the Buildings* at midday, *A Day in the Life of a Monk* at 1pm, and *Tourism Comes to Ruislip* at 2pm.

Cost: Free, but booking is essential for the guided walks.

Book: @ archives@hillingdon.gov.uk ☎ 01895 250702



EASTCOTE HOUSE GARDENS

HERITAGE DAY AND CLASSIC CAR RALLY

Sunday 10 September, 11am to 4pm

Visit the 17th Century dovecote and stables set in 10 acres of parkland, with a stunning walled garden. Along with the classic car rally there will be live music, sales of plants, crafts, local history books and a tea garden. Follow the tree trail and the wildlife images trail, taking you into Long Meadow, a Site of Importance for Nature Conservation.

Cost: Free, no need to book.

Find out more: @ archives@hillington.gov.uk ☎ 01895 250702



CRANFORD PARK

BIRD WILLOW WEAVING

Sunday 24 September, 10am to 4pm

Using willow, Gina Martin demonstrates the basic techniques to create your own sculpture.

This is a 'hands-on' course for adults, both beginners and those at intermediate level. You will go home with your own creation.

Cost: Free, but booking is essential.

Book: @ archives@hillington.gov.uk ☎ 01895 250702



EXHIBITIONS AND TALKS

UXBRIDGE LIBRARY, LEVEL 6

ACCEPTABLE IN THE 80S

Wednesday 3 May to Friday 29 September, during library opening hours

Step back in time at this exhibition showcasing the life and times of the 1980s in Hillington, from fashion to technology. How have things changed – and how many things stayed the same?

Cost: Free, no need to book.



HILLINGDON LIBRARIES



HISTORY OF HILLINGDON IN 20 OBJECTS



Friday 7 July, 11am at Charville Library

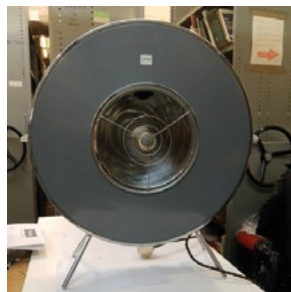
Thursday 21 September, 11am at South Ruislip Library

Join Hillingdon Council's Museums and Archives Service team for a talk exploring the borough's past, from prehistory to present, as seen through some important and unexpected objects.

Cost: Free, but booking is essential.

Book:  at Charville Library  01895 558296

 at South Ruislip Library  01895 556536




heritage open days

NORTHWOOD HILLS LIBRARY

SCANDAL!!

Monday 10 July to Friday 11 August, during library opening hours

A Hillingdon Archives and Museums Service exhibition exploring instances of scandalous behaviour through history and examining how our attitudes to scandal have changed over time. What exactly was seen as scandalous in the past, and why?

Cost: Free, no need to book.



HILLINGDON LIBRARIES

THE YEAR WAR CAME

Thursday 13 July, 11am to midday
at South Ruislip Library

Friday 1 September, 11am to midday
at Charville Library

A talk by Paul from the Museums and Archives Service, showing how the London Borough of Hillingdon was prepared, and in some cases not so prepared, for war by September 1939.

Cost: Free, but booking is essential.

Book:  at South Ruislip Library  01895 556536



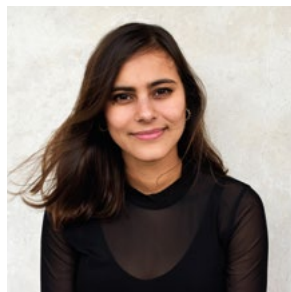
AUTHOR FREYA BERRY

Thursday 13 July, 5.30pm

Hillingdon Library Service talks with author and journalist Freya Berry about her new novel *The Birdcage Library*, a thrilling story about buried secrets, obsession and murder. There will be an audience Q&A where you will have the opportunity to ask Freya about her books and experience as a writer. Suitable for over-18s.

Cost: Free, but booking is essential.

Book: @ oakfarm-library@hillington.gov.uk ☎ 01895 556242



BATTLE OF BRITAIN BUNKER

SPEAKER SERIES AND BOOK SIGNINGS

The Battle of Britain Bunker's Speaker Series brings together historians, presenters and authors for engaging discussions and Q&As about the people and the technology that made history. Further dates to be announced.

THE POLISH PILOTS WHO FOUGHT DURING THE BATTLE OF BRITAIN

Saturday 15 July, 11am

A talk by RAF Museum Curator Peter Devit.

THE SPY WHO LOVED

Saturday 15 July, 2pm

Historian Clare Mulley on her book *The Spy Who Loved*, about the first Polish SOE agent Krystyna Skarbek.

DIEPPE

Sunday 20 August, 11.30am

Bunker Tour Guide Chris Leworthy on Dieppe.

Cost: £5

Book: 📧 battleofbritainbunker.co.uk ☎ 01895 238154



BATTLE OF BRITAIN BUNKER

SECRETS UNCOVERED TOUR

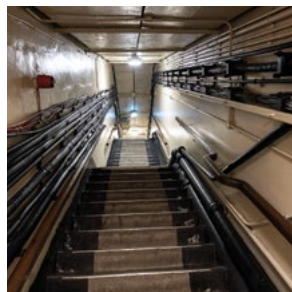
Saturdays 22 July, 26 August and 30 September, 10am

Discover the secret spaces of the bunker in this special guided tour. Explore hidden rooms, corridors and objects, and find out more about the people who worked behind the scenes in the Battle of Britain, and beyond.

Cost: £15

Book: @bunker@hillington.gov.uk

01895 238154



© PhilYeomans/BNPS

VARIOUS VENUES

HILLINGDON FOOD STORIES: PEOPLE, FLAVOURS, PLACES

In July and August, join us for a series of interactive talks, foraging tours and food events in Hillingdon's libraries and green spaces.

FORAGING TOUR

Saturdays 22 July and 19 August, 10am
at Cranford Park

Saturday 29 July, 10am at Ruislip Woods

INTERACTIVE TALK

Monday 24 July, 5.30pm at Oak Farm Library

TALK WITH CHILDREN'S ACTIVITY

Tuesday 25 July, 10.30am at West Drayton Library

INTERACTIVE TALK

Tuesday 1 August, 7pm at Northwood Hills Library

INTERACTIVE TALK

Friday 4 August, 2pm at Uxbridge Library, Level 6

Find out more:  www.hillingdonfoodstories.org

 @hillingtonfoodstories  Hillington Food Stories

Book: @archives@hillington.gov.uk



PYNCHESTER MOAT

PYNCHESTER'S VANISHED HOUSE

Saturday 22 July, 2pm to 3.30pm

Join Paul from the Museums and Archives Service in Ickenham on an historic guided tour, exploring the story of this lost medieval moated farmhouse and some of the finds from the 1966 excavation.

Cost: Free, but booking is essential.

Book: @ archives@hillington.gov.uk
📞 01895 250702



MANOR FARM HOUSE

MEDIEVAL GIRLPOWER AND THE LONDON SILK WOMEN

Sunday 23 July, 2pm

A talk by Sue Lamberton about medieval silk work.

Cost: Free, but booking is essential.

Book: @ archives@hillington.gov.uk
📞 01895 250702



NORTHWOOD HILLS LIBRARY

BEHAVIOUR UNBECOMING

Tuesday 25 July, 6pm

A talk by Paul from the Museums and Archives Service, exploring local scandalous behaviour, and the idea of scandal, over the last five centuries.

Cost: Free, but booking is essential.




Book: 🚶 at Northwood Hills Library
📞 01895 556460



HILLINGDON FOOD STORIES: PEOPLE, FLAVOURS, PLACES

Friday 28 July until Friday 25 August,
during library opening times

Everyone has a food story – what is yours? From the dishes we miss to how we cook and what we eat every day, everyone has their own unique relationship with food. Come and learn about Hillingdon food diversity and share with us a story, a dish close to your heart or a recipe that you're trying out!

Find out more:  www.hillingdonfoodstories.org
 @hillingdonfoodstories  Hillingdon Food Stories





PREHISTORIC WALK

Saturday 29 July, 10am to midday

This walk introduces dwelling places occupied by some of the first people in Britain following the last ice age. The earliest Mesolithic sites are hidden beneath the business developments and urban landscape but prepare to be transported back to the woods and riverside settlements of the 9th millennium BC!

Cost: Free, but booking is essential.

Book:  archives@hillingdon.gov.uk  01895 250702





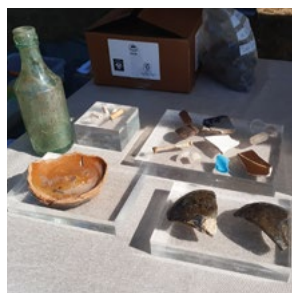
PARKAEOLGY 2

Sunday 30 July, 11am to 3pm

Every archaeologist knows that humans are an endlessly creative species. From engineering to art, society to sugar coated sweets, we have done it all. Come along to Cranford Park and celebrate some of the incredible (and not so incredible) creativity that got us to where we are now.

Cost: Free, but booking is essential.

Book:  archives@hillingdon.gov.uk  01895 250702



1980S T-SHIRTS

Monday 11 September, 10am to 1pm

Make your own spectacular t-shirt with a 1980s theme, led by artist Olivia Davies.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk



HAYES

CANAL WALK

Wednesday 13 September, 10am

Guided by the London Canal Museum, walk from Hayes to Hanwell Lock Flight and Three Bridges. Explore London's biggest flight of locks which raise the Grand Union Canal by 53 ft/16.2m. Discover its innovative water-saving measures and the only place in the UK where road, canal and railway cross, in a monument to Brunel.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk ☎ 01895 250702



H
heritage open days

EASTCOTE HOUSE GARDENS

HISTORIC TREE WALK

Thursday 14 September, 11am

Join Lesley Crowcroft for a walk around the historic trees in the splendid Eastcote House Gardens.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk ☎ 01895 250702



H
heritage open days

UXBRIDGE LIBRARY

FLIGHT

**Friday 15 September to Thursday 12 October,
during library opening hours**

An exhibition exploring aspects of the history of flight in the borough of Hillingdon, from Concorde to Fairey Aviation, and birds to butterflies.

Cost: Free, no need to book.



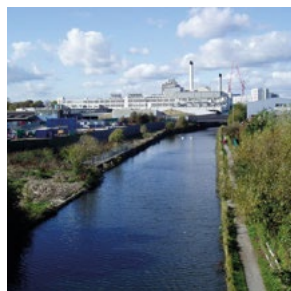
BOTWELL GREEN LIBRARY

CELEBRATION OF HAYES

Saturday 16 September, during library opening hours

What scientific discoveries were made in Hayes? What films were made there and what stars are linked to the town? Drop into this library exhibition to explore more about Hayes, its people and history.

Cost: Free, no need to book.



J Taylor / The Grand Union Canal
looking west from The Parkway


heritage open days


BOTWELL GREEN

FACTORIES, BRICKS AND CANAL BOATS

Saturday 16 September, 2pm to 4pm

A historic guided walk guided by Ben from Botwell Green Library and Paul from the Museums and Archives Service. On this two-hour tour of Botwell you'll find out about the area's history – from brickmaking to record manufacture – and explore its historic factories and industrial sites.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk  01895 250702




heritage open days

UXBRIDGE HIGH STREET

POST MODERNISM WALK

Sunday 17 September, 11am

A walk along Uxbridge High Street discovering hidden spaces and landmark buildings, looking at the architectural quality of post-modern buildings, discussing appearance, style, materiality and relationship to public space. Learn how the buildings came about and who designed, commissioned and consented them.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk ☎ 01895 250702



H
heritage open days

BOROUGH-WIDE

FILMS AND TV HILLINGDON

Wednesday 20 September, 10am to 4pm

Ever wondered where they *Bent it like Beckham*? Can't put your *Goldfinger* on where you've seen that airfield before? Don't want to *Carry On* not knowing anymore? Then come along on this minibus tour, suitable for over-16s, visiting locations in Hillingdon made famous by the silver screen and small screen.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk ☎ 01895 250702



H
heritage open days

EASTCOTE HOUSE GARDENS

FLIGHT CLUB

Saturday 23 September, 9.30am to midday

A fun and informative workshop, led by nature-educator and award-winning author, Michael Holland.

You'll learn about how the adaptations of birds, insects and seeds enable them to fly, gain an understanding of the principles governing flight in the natural world, and then apply that to designing, building and testing a variety of planes, kites and other flying things – all made from everyday materials.

Cost: Free, but booking is essential.

Book: @ archives@hillingdon.gov.uk ☎ 01895 250702



ST ANDREWS BEFORE THE RAF

Monday 25 September, 5.30pm

A talk giving the brief history of the St Andrews area and the owners of Hillingdon House before it became the RAF Uxbridge site.

Cost: Free, but booking is essential.

Book:  at Oak Farm Library  01895 556242



EXERCISE AND HEALTH

HILLINGDON'S GREEN SPACES



MINDFUL WALKS

Thursdays 6 July and 3 August, Friday 8 September, 10.30am at Eastcote House Gardens

Fridays 30 June and 28 July, Tuesday 29 August, Friday 29 September, midday at Cranford Park

Come and join Pravit, who will help take your senses out for a walk in beautiful surroundings. Take some time to relax and unwind.

Cost: Free, but booking is essential.

Book:  archives@hillingdon.gov.uk  01895 250702



HILLINGDON'S GREEN SPACES


LED WALKS

Various dates and times

Explore Hillingdon's award-winning parks and green spaces while keeping fit and meeting new people on a free guided walk.

Cost: Free.

Find out more:

 discover.hillingdon.gov.uk/led-walks




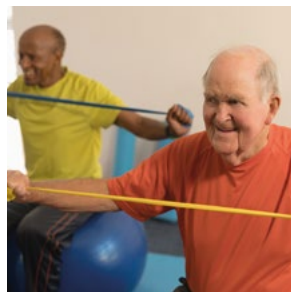
VARIOUS VENUES

NEW: FALLS PREVENTION/ STRENGTH AND BALANCE SESSIONS

Various dates and times

Worried about your balance or falling? Hillingdon Council now runs free falls prevention workshops and strength and balance classes across the borough.

Book:  www.hillingdon.gov.uk/fall-prevention




DEMENTIA-FRIENDLY ACTIVITIES

COMPASS THEATRE

DAYTIME DISCOS

**Tuesdays 18 July, 29 August and 26 September,
1pm to 3pm**

Friendly sessions for those living with dementia and their carers, with Brian Rowan singing songs and playing music from the 60s, 70s and 80s. Advance booking is advised. Send song requests via the box office  boxoffice@hgfl.org.uk

Cost: £5 / Carers' tickets free (one per paid ticket).

Book:  www.hillingdontheatres.uk  01895 250615



YIEWSLEY AND WEST DRAYTON COMMUNITY CENTRE

NEW: DEMENTIA FRIENDLY BOCCIA SESSIONS

Mondays, 2pm to 3pm

Fun, seated Boccia sessions. Pronounced 'Bot-cha', players throw, kick or use a ramp to propel a ball onto the court, trying to get closest to a 'jack' ball.

Cost: Free.

Find out more:  www.hillingdon.gov.uk/dementia-activities



VENUES

BARRA HALL PARK OPEN AIR THEATRE

Freemans Lane, Hayes, UB3 2NH

BATTLE OF BRITAIN BUNKER EXHIBITION AND VISITOR CENTRE

Wren Avenue, Uxbridge, UB10 0GG

BOTWELL GREEN SPORTS AND LEISURE CENTRE (INCLUDES LIBRARY)

East Avenue, Hayes, UB3 2HW


CHARVILLE LIBRARY

Bury Avenue, Hayes, UB4 8LF

COMPASS THEATRE

Glebe Avenue, Ickenham, UB10 8PD

CRANFORD PARK

The Parkway, Hounslow, TW5 9RZ
Work has begun on the Cranford Park restoration project and it will continue until spring 2023. During this time, the access road and bridge will be closed and the car park and courtyard area inaccessible. Check  www.hillingdon.gov.uk/cranfordpark for updates.

EASTCOTE HOUSE GARDENS

High Road, Eastcote, HA5 2QS

EASTCOTE LIBRARY

Field End Road, Eastcote, HA5 1RL

HILLINGDON ATHLETICS STADIUM

Garthing Way, Uxbridge, UB8 1ES

MANOR FARM (INCLUDING THE GREAT BARN)

Bury Street, Ruislip, HA4 7SU

NORTHWOOD HILLS LIBRARY

Potter Street, Northwood, HA6 1QQ

OAK FARM LIBRARY

Sutton Court Road,
Hillingdon, UB10 9PB

PYNCHESTER MOAT

Near Cophall Road West,
Ickenham, UB10 8HS

RUISLIP MANOR LIBRARY

Linden Avenue,
Ruislip Manor, HA4 8TW

RUISLIP WOODS

Reservoir Road, Ruislip, HA4 7TY

SOUTH RUISLIP LIBRARY

Victoria Road, South Ruislip, HA4 0JE

UXBRIDGE LIBRARY

High Street, Uxbridge, UB8 1HD

WEST DRAYTON LIBRARY

Station Road, West Drayton, UB7 7JS

WINSTON CHURCHILL THEATRE

Pinn Way, Manor Farm,
Ruislip, HA4 7QL

YIEWSLEY AND WEST DRAYTON COMMUNITY CENTRE

228 Harmondsworth Road,
West Drayton, UB7 9JL

VENUE HIRE

The council arranges the hire of performance/class/meeting spaces at the Compass Theatre, Winston Churchill Theatre and Manor Farm, Battle of Britain Bunker and the Open Air Theatre at Barra Hall Park.

For rates of hire and space details, visit  www.hillingdontheatres.uk and to enquire about availability, email  artsvenues@hillingdon.gov.uk or call  01895 277643.